elements spa
AT MINERALS HOTEL
ELEMENTS SIGNATURE BODY TREATMENT  
A Luxurious Experience begins with a stimulating dry brush exfoliation followed by an artful blend of three delicious body muds containing cocoa, pumpkin puree, yogurt and honey. A deeply hydrating moisturizer with blends of green melon and cucumber extract compliments this exquisite Ritual.

DETOXIFYING DESERT SILK  
Smooth, firm and detoxify as a fine pumice mineral mud mask clears dead skin cells and a cactus toning gel improves skin elasticity to help firm and tighten the surface. Refreshing and lightly scented antioxidant-rich body oil improves skins texture and instantly smooths skin.

INVIGORATING AGAVE SALT GLOW  
A refreshing Salt Exfoliator stimulates the renewal of skin texture. Agave nectar oil nourishes skin and provides anti-aging benefits to keep skin youthful and glowing.

BROWN SUGAR BODY POLISH  
An intoxicatingly sweet exfoliation using brown sugar to polish away dead skin. A lightly scented shea butter is also used to restore the skin’s silkiness.

THAI HERBAL BALL  
Aromatherapy, Heat therapy and Herbal therapy all brought together in this refined and highly specialized service. The Thai Herbal Balls contain therapeutic herbs selected for their ability to stimulate your internal organs as well as reduce inflammation, ease arthritis, improve digestion and circulation along with being an antiseptic and decongestant. Herbs such as camphor will penetrate sore muscles while lemongrass, ginger and turmeric introduce high anti-oxidant properties. Your results will not only be rejuvenating but relaxing as your stress & fatigue fade away.
MASSAGE THERAPY (50 MINS)

THERAPEUTIC  50mins  120  80mins  192  100mins  240
Our Therapeutic massage incorporates long, fluid strokes of varying depth of light to medium pressure. You will have improved circulation, relaxed muscles, diminished stress and enhanced immune functioning.

SHARED TRANQUILITY  50mins  240  80mins  385  100mins  480
A Therapeutic massage for two that will pamper you in a luxurious and calming atmosphere.

ELEMENTS SIGNATURE MASSAGE  100mins  275
A taste of everything all in one! When you don't want to choose your favorite service you can now get them all. Enjoy 100 minutes of pure bliss from stone, aroma, pressure of your choice, dry brushing—the mechanical action to exfoliate the skin, increase blood circulation and promote lymph flow, stimulate your nervous system, which can make you feel invigorated afterwards. Finish off with a scalp massage that also includes a sinus relief and facial massage.

CBD HEMP OIL MASSAGE  50mins  175  80mins  245
This massage is the perfect way to relieve stress, anxiety and tension. Elements Spa is honored to use this new technique to help our guest relax faster and at a deeper level, making it possible for greater release of muscle aches and pains and much more without any psychotropic effects. Cannabis infused creams and oils work by being absorbed through the skin and binding to our CB2 receptors, which are found throughout the body. Our therapist will integrate several modalities to meet your needs and intentions at that specific time.

AROMATHERAPY  50mins  135  80mins  215  100mins  270
Enhance your massage experience with the therapeutic benefits of synergistically chosen aromatherapy blends to directly affect your mind, body and spirit. A light to medium pressure, this massage will leave you feeling relaxed and renewed.

DEEP STRESS RELIEF  50mins  140  80mins  215  100mins  280
Tension in the body is released through slow strokes using firm pressure. Areas of concern are addressed and tailored exclusively to you, working within your comfort level. This will enhance circulation, detoxify the muscles and ensure deep relaxation.

SPORTS THERAPY  50mins  135  80mins  215  100mins  270
A full body target-specific massage for the active athlete or anyone on the go. A medium to firm pressure massage that incorporates stretching for optimum results that invigorates tired, sore muscles decreasing muscle tension while promoting flexibility.

SACRED HOT STONE  50mins  155
This ancient art of healing uses elements of Mother Nature to relieve tense muscles, sore joints and the everyday stresses of life. A light massage integrating traditional therapeutic massage strokes with the placement of warm stones will uplift and restore the body and mind.

REFLEXOLOGY  50mins  130
This ancient healing therapy stimulates the reflex points of the hands and feet. While relaxing and rejuvenating each part of the body, energy and balance are restored. This is a target-specific massage and will help eliminate toxins from the body and stimulate circulation.

MATERNITY  50mins  120
A nurturing full body massage for the soon to be mother, this full body massage releases tensions and eases the discomforts of pregnancy. (This service can only be performed if the guest is in the 2nd trimester)
SKIN CARE  (50 MINS)

ELEMENTS ULTIMATE FACIAL  90mins  280
This unique anti-aging facial fights lines, wrinkles and age spots to achieve a radiant glow. This treatment features a lactic /glycolic peel to accelerate cell renewal and includes ultrasound wave therapy or micro current therapy to create firmer, smoother, and tighter skin. Includes the following deluxe enhancements — Special collagen mask, foot treatment, age defying hand treatment, décolletage & lip treatment.

SIGNATURE CUCUMBER HYDRATING FACIAL  125
A calming, soothing, hydrating facial gently sweeps away surface impurities with cucumber extract, which also contains ascorbic acid having an astringent effect on the skin. Reduce sensitivity and help diminish the appearance of broken capillaries. Adding allantoine that improves skin’s moisture binding capacity. Excellent for all skin types including sensitive.

ORGANIC FACIAL  125
This organic facial incorporates the latest advances in natural organic skin care, with 100% natural & 70% organic ingredients. Natural fruit acids, derived from bilberry, sugar cane and sugar maple, help rapidly exfoliate dead skin cells for immediate improvement in skin clarity and texture. Organic grape stem cells, kombucha, spirulina, seaweed and tea extracts nourish, soothe, improve skin tone and combat the visible signs of aging skin.

GENTLEMAN’S EXECUTIVE FACIAL  125
A nourishing, deep cleaning facial formulated for men. Lemon peel extract, citrus extract, algae, avocado and kaolin refresh, hydrate and deep clean the skin. A custom treatment suited for the gentlemen, our men’s facial consists of a two part exfoliation system to remove dead skin cells while vitamins, minerals, peptides and botanical extracts improve tone, texture and address irritation associated with shaving, all while combating the visible signs of aging skin.

PURIFYING BACK TREATMENT  125  peel upgrade 25
This custom back treatment is designed to deep cleanse, gently exfoliate and hydrate skin. Relax, unwind and allow your skin to be pampered with soothing extracts of white, red and green tea. Your skin will feel refreshed and revived after one treatment. The back facial can be upgraded with a lactic acid peel treatment.
DETOX DEEP PORE CLEANSING FACIAL  140
Deep cleansing facial is an exfoliating treatment that helps skin become free of dead skin cells and other impurities by using galvanic and high frequency, boosting the blood circulation within the skin, helping to repair skin cells. This facial treatment is great for anyone who is looking for clearer and glowing skin. Adding a powerful patented anti-oxidant blend of white, red and green tea extract with pine, willow bark, lavender, lemon peel, arnica and algae which plays a key role in the elasticity of the skin and has anti-inflammatory and anti-oxidant properties.

PORE PURIFYING TEEN FACIAL  115 ages 13-17
Introducing our younger guest to the importance of a proper skin regimen. Incorporating a personalized skin evaluation, our skin care specialists will teach the 3 key steps to a lifetime of healthy skin — Cleansing, exfoliation and moisturizing, as well as sun protection, and anti-blemish techniques. This facial is necessary for every teen to feel fresh and blemish-free.

PUMPKIN ENZYME FACIAL  140
The perfect facial for skin that needs a boost. Rejuvenates, regenerates and revitalizes dull aging skin. Powerful spicy pumpkin enzymes digest dead surface cells, stimulating cellular turnover, improving skins tone and texture. 15% pumpkin extract along with hyaluronic acid maintain and attract water, minimizing water loss in the skin. This anti-oxidant treatment features Vitamin A, C and E, valuable minerals and amino acid.
CRANBERRY POMEGRANATE MOISTURE FACIAL 140
A luxurious hydrating facial with cranberry minerals, and flavonoids to replenish the skin. Using rose extract from Morocco, ginkgo biloba extract from China, linden flower from Europe and shea butter from Africa, stimulates the growth of healthy tissue to improve skin’s moisture. Adding ultrasound wave massage improves product penetration helping to soften and moisturize the skin, improving overall hydration.

MANDARIN MOISTURE FACIAL 140
A bouquet of fresh mandarin oranges awakens the skin, leaving it ultra-soft, visibly healthy, and radiant. Citrus, jojoba and avocado are added to restore hydration and healthy glow.

AGE DEFYING COPPER FACIAL 170
An intensive, powerful anti-aging therapy composed of copper, an antioxidant that encourages production of collagen and stimulates cell turnover. Elastin and soluble collagen, combined with Vitamin E and hyaluronic acid play a vital role in the natural tissue building process. Combined with a lactic/glycolic peel and micro current therapy, this natural facelift therapy improves muscle tone, increases cellular activity and tightens skin.

AGE DEFYING HYDRATING FACIAL 170
This anti-aging, anti-wrinkle facial visibly corrects the appearance of fine lines and wrinkles, transforming the skin aiming it more resilient, radiant and translucent. It provides continuous hydration by adding lactic/glycolic and ultrasound wave therapy to deeply penetrate collagen and elastin.

REJUVENATION BRIGHTENING FACIAL 170
An anti-aging, rejuvenation facial is designed to repair and restore fatigued, sun damaged or mature skin. The rejuvenating facial diminishes the appearance of fine lines and wrinkles, improves texture and achieves an overall healthy, soft and youthful glow. A combination of lactic/glycolic, lemon peel, bearberry, mulberry and micro current treatment leads to firmer and brighter looking skin.

PAPAYA ENZYME FACIAL 140
A regenerating facial featuring mango, pineapple and papaya enzymes to gently dissolve dead skin and stimulate new skin growth, allowing the nourishing oils of sweet almond and borage seed to hydrate, boost and transform the quality of your skin. This combination of enzymes encourages healing and promotes healthy, younger looking skin.

MICRODERMABRASION FACIAL 150
Microdermabrasion is a gentle exfoliation process that regenerates the skin surface increasing cell turnover and stimulates the production of collagen and elastin. It improves the appearance of large pores, acne scars, fine lines and hyperpigmentation. The result is more vibrant, refreshed and youthful looking skin.

BRIDAL FACIAL 170
Planning a wedding can be stressful so it's important to make time for your wellness. Treat yourself to a fancy facial before your big day. Our luxurious papaya enzyme facial is perfect for a bride! Bermesian mango, Paraguay pineapple and papaya from Mexico are a combination of fruit enzymes that gently dissolve dead surface impurities. It is a hydrating and clarifying facial in one. Powerful anti-oxidants such as red, white and green teas, also pomegranate and grape seed leave the skin soft, supple and radiant. During the facial, our skin care specialist will apply ultrasound wave therapy massage to deeply penetrate the skin, using brightening serum and moisture to rejuvenate the skin.
CBD HEMP OIL  50
With its anti-inflammatory and therapeutic properties, CBD is one of the best things to add to any skin care product. It works as an antioxidant, helping to soothe and treat painful acne, irritated skin and as a stimulant to cell rejuvenation so you can have skin that looks youthful and healthy.

COLLAGEN MASK  35
100% pure collagen helps to maintain the skin’s youthfulness, improve texture and firmness as well as reduce the size of pores, fine lines and wrinkles.

REVITAL-EYE TREATMENT  25
Awaken tired and fatigued under eyes in minutes! Our eye treatment combines a unique phytoelene complex of iron, magnesium, manganese and copper to energize skin with vitamins and antioxidants to hydrate, brighten and tone. Great treatment add on for all skin types.

ANTIOXIDANT LIP TREATMENT  10
Give lips the attention they deserve with our 100% natural (minimum 70% organic) Super Antioxidant Lip Treatment.

INTENSIVE HYDRATING HAND TREATMENT  25
Enjoy a soothing and calming hand treatment combining the most natural botanicals, vitamins and nourishing extracts. Helps treat dehydration and pigmentation while improving tone and texture.

ULTRA SOUND THERAPY  30
A non-invasive cosmetic procedure that uses focused ultrasound to stimulate the formation of new collagen deep below the skin’s surface.

HIGH FREQUENCY SCALP THERAPY  25
Increase blood circulation and encourage cellular turnover to promote healthier hair growth.

WAXING SERVICES
Gently wax away unwanted hair for smooth, moisturized skin. Waxing service prices are starting rates and may vary.

WAXING
• Full leg  70
• Half leg  40
• Brazilian  65
• Bikini  30
• Chest  40
• Full Arm  45
• Half Arm  25
• Under Arm  25
• Back  55
• Lip  10
• Chin  10
• Eyebrow  20
• Face  55
HAIR SERVICES

Cleanse, condition and style your hair with the earth’s bounty, a blending of pure essential oils from fruits, herbs and the flowers of aromatic plants. At Elements Spa, herbal therapy and botanical nutrient science combine to strengthen and condition your hair.

JUST FOR HER

- Women’s Design Cut 55
- Upstyle 70
- Makeup Application 50

JUST FOR HIM

- Men’s Design Cut 25

KIDS’ CUTS

- Inquire Within

COLOR

- Single Process 70
- Partial Highlight 110
- Toner/Glaze 65+
- Fantasy Color (short) 65+
- Low Lights (partial) 80+
- Balayage 150+

WEDDING SERVICES

- Bridal Party Hair 80
- Bridal Party Blowout 60
- Flower Girl Hair 50
- Flower Girl Makeup 25

FOR THE BRIDE

- Bridal Hair 100
- Bridal Makeup 85

HANDS & FEET

Specialized treatments soften skin and cuticles by replenishing lost moisture, strengthen nails for a healthy, youthful appearance while relaxing and recharging tired hand and foot muscles.

- Polish Change 15
- French Manicure 35
- Gel Manicure 45

HAND RITUAL 50
Nourish, heal and condition hands with a manicure, warm aromatic mask and soothing lotion.

FOOT AWAKENING 65
Treat your feet to a pedicure, soothing scrub, hydrating foot mask and relaxing foot and leg massage.

- Manicure 30
- French Pedicure 50
- Gel Pedicure 60
KIDS’ TREATMENTS (30 MINS)

BEE PAMPERED MANICURE  24 ages 6-12
A manicure fit for a busy little bee! First, you are whipped into softness with a sweet tea shea butter polish. Next, your hands and arms will be drizzled and painted in a warm honey glaze, wrapped and then cocooned with warm towels. Finish with a sweet cream milk hand and arm massage & classic manicure with polish and you are ready to buzz about your day!

COCONUT CREAM POP PEDICURE  30 ages 6-12
This delicious pedicure begins with a coconut cream whole milk soak. Next, feet and legs are smoothed with a whipped shea butter coconut scrub. Your feet will be painted with a chocolate mask to soften and hydrate. A light massage using scented sweet cream lotion and classic pedicure with polish tops off this yummy treat.

STRAWBERRIES & CHOCOLATE SUNDAE FACIAL  65 ages 9-12
Put your best face forward with a scrumptious spa indulgence that smells good enough to eat. You will be pampered with a creamy coconut milk cleanser, and then sink into softness with a delicious butter and sugar polish. A rich dark chocolate mask full of vitamins nourishes and leaves a smooth surface behind. Enjoy a strawberry whipped shea butter arm massage while your face basks in chocolate heaven & a wholesome finish with a milk-infused moist towel.

EXPRESS TREATMENTS
— RESTRICTIONS MAY APPLY ON THESE SERVICES —
Must Book with Spa Directly, Same Day Booking Only

25 MIN EXPRESS MASSAGE   65
25 MIN EXPRESS FACIAL   65
20 MIN SCALP MASSAGE   50
20 MIN LEG & FOOT MASSAGE   50 with scrub 55
ELEMENTS SPA PACKAGES

EVENING ESCAPE  495  (Tax and gratuity separate)
(Romantic Couples Massage) Enjoy a 100-minute Therapeutic Massage for two. Afterwards enjoy each other's company in the foot soak with a glass of champagne, and chocolate truffles. 20% off Kites will be presented to guest at checkout.

GIRLFRIEND’S DAY  250 per person (Tax and gratuity separate)
(3 Hours, Massage, Mud Treatment & Lunch) Spend the day with your best friends! Relax and distress with a massage and our Signature Mud Treatment! After your treatments, take a few steps up to our onsite restaurant for a complimentary healthy salad to catch up and reminisce about life. Kites gift card will be presented to guest at checkout.

ELEMENTS WELLNESS JOURNEY  450 (Tax and gratuity separate)
(4 Hours, Massage, Mud Treatment, Facial, Scalp Massage & Lunch) Sometimes life gets in the way and you forget about self-care. Treat your body good and take time to enjoy the moment, relax with a Hot Stone Massage, a Detox Mud Treatment, an Organic Facial, and a relaxing Scalp Massage. Complimentary healthy salad at Kites. Gift card will be presented to guest at checkout.

Please note: Hair, makeup and waxing service prices are starting rates and may vary. Menu pricing subject to change without notice. Please inquire when scheduling your services.
POLICIES & EXTRAS

CONVENIENT HOURS OF OPERATION

Hours are subject to change without notice. Please contact us for the most accurate hours of operation.

CHECK-IN

Please arrive at least 20 minutes prior to your first treatment. This will allow you time to check in and enjoy the spa amenities. Arriving late for your scheduled service will deprive you of valuable treatment time. To avoid delaying the next guest, your treatment will end on time regardless of how late your service begins.

FOR YOUR CONVENIENCE

Elements Spa provides you with a luxury robe and slippers for your comfort, lockers, showers, hair and body amenities and hair dryers. Please do not bring any large bags or anything extra as the lockers are small in nature.

CANCELLATIONS

Cancellations must be made at least 24 hours in advance of the scheduled service(s) to avoid being charged. Groups of 4 or more who are booking services in the spa require a 48-hour guarantee. The spa strictly adheres to its cancellation policy. You will be charged in full for any cancellation under 24 hours or same day reservations.

FOR YOUR COMFORT

The spa is an environment for relaxation and tranquility. Please respect all of our guests’ rights to privacy and quiet by turning off cellular phones before entering as well as keeping voices low during your time at the spa.

FOR YOUNGER GUESTS

Anyone under the age of 18 may not engage in any of the massage or body treatments. Young adults age 13-17 may partake in limited spa services as determined by Elements Spa. Proper behavior is required at all times.

GIFT CARDS

A spa gift card is an ideal gift year-round for any special occasion. Telephone and mail orders are available. Gift Cards must be presented in order to submit as form of payment for your treatments. We are not responsible for lost or stolen gift cards.

PRICING

Our pricing may be subject to change without notice. Please inquire about current pricing when scheduling your services. Please note that tax is not included in the cost of our services.

GRATUITY

Gratuity is not included for spa services and is greatly appreciated. For your convenience, gratuity envelopes are located at the spa reception desk.

PAYMENT

Elements Spa gladly accepts American Express, Discover, MasterCard, Visa and Cash. You may also charge to your hotel room.

PERSONAL POSSESSIONS

We regret that we cannot be responsible for the loss of or damage to personal articles, including clothing and accessories. We ask you to remove all jewelry before any service. There are jewelry holders in each spa service room for your convenience, and please do NOT place any jewelry in your robe pocket.

Please note: Prices are subject to change due to seasonal scented treatments.