

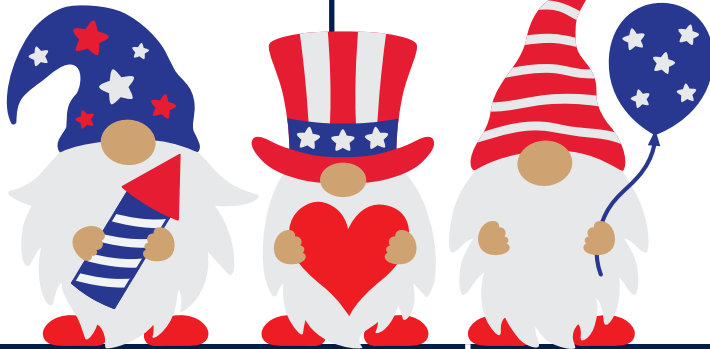
MINERALS SPORTS CLUB



MAY FITNESS SCHEDULE

NO EVENING CLASSES ON MEMORIAL DAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>BOOTY CAMP 8:30am — WENDY</p> <p>BOX FITNESS & ABS 9:15am — WENDY</p> <p>SPIN 5:00pm — NANCY</p> <p>GRIT TABATA 6:00pm — NANCY</p> <p>BODY PUMP 7:00pm — NANCY</p>	<p>BODY PUMP 8:00am — WENDY</p> <p>SPIN 9:15am — BARBARA</p> <p>AQUA FIT 11:00am — APRIL</p> <p>TABATA BOOT CAMP 5:00pm — BARBARA</p> <p>ZUMBA 6:00pm — WILLIAM</p>	<p>BOOTY CAMP 8:30am — ELAINE</p> <p>BODY SHOCK 9:15am — WENDY</p> <p>BARRE {STUDIO 1} 9:15am — ELAINE</p> <p><small>PLEASE NOTE: Wednesday evening classes are 45 min</small></p> <p>SPIN 4:45pm — NANCY</p> <p>BUTT & GUTT 5:30pm — NANCY</p> <p>YOGA {STUDIO 1} 6:00pm — ELAINE</p> <p>GRIT TABATA 6:15pm — NANCY</p> <p>RIP IT UP 7:00pm — NANCY</p>	<p>BODY PUMP 8:00am — WENDY</p> <p>STRETCH & FLEX 9:00am — WENDY</p> <p>AQUA CIRCUIT 11:00am — APRIL</p> <p>ZUMBA 6:00pm — WILLIAM</p> <p>BODY PUMP 7:00pm — SALLY</p> <hr/> <p>MEMORIAL DAY CLASSES!</p> <p>CYCLE 7:00am — NANCY</p> <p>GRIT TABATA 8:00am — NANCY</p> <p>BODY PUMP 9:00am — NANCY</p>
<p>FRIDAY</p> <p>MORNING YOGA 8:00am — ELAINE</p> <p>DRENCHED 9:15am — BARBARA</p> <div style="background-color: #002060; color: white; padding: 10px; text-align: center;"> <p>FOLLOW US</p>    </div>	<p>SATURDAY</p> <p>SPIN 7:30am — NANCY</p> <p>GRIT TABATA 8:30am — NANCY {45 MINS}</p> <p>YOGA FLOW 9:00am — ELAINE</p> <p>BODY PUMP 9:15am — NANCY</p>	<p>SUNDAY</p> <p>SPIN 7:30am — NANCY</p> <p>CARDIO SCULPT PARTY 8:30am — NANCY</p> <p>BUTT & GUT 9:30am — NANCY {45 MINS}</p>	



WELCOME TO MSC — PLEASE NOTE:

- CHECK IN AT MEMBER SERVICES & WITH CLASS INSTRUCTOR
- PLEASE WEAR YOUR WRISTBAND
- A MASK MUST BE WORN AT ALL TIMES WHEN INDOORS
- MAINTAIN 6' SOCIAL DISTANCING
- HELP MAINTAIN THE CLEAN CLUB
- PLEASE BRING YOUR OWN, TOWEL, WEIGHTS & YOGA MAT
- YOU CAN JOIN OUR CLASSES ON VIMEO!
- SIGN UP FOR TEXTING SERVICE: INFO@CSRESORT.COM